Catherines SKIN, LASER & BEAUTY CLINIC

Proprietor: Francesca Kelly C.I.B.T.A.C., N.V.Q.



Sunnyside, 64 Port Road, Letterkenny (behind Spec Savers)



Hours of Business Mon. - Fri. 9.30 am - 6.00pm Sat. 8.30 - 4.00pm Late Night Opening: Thursday Until 7.00pm

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APILUS

#### **Observ 520x Skin Scanner**

OBSERV is a revolutionary skin analysis device taking you a journey beneath the skin's surface, by looking deep into the layers of your skin. It can reveal many skin conditions that surface with time, that can originate within the dermal layer and are difficult to diagnose with the human eye, but with OBSERV 'State of the Art' technology we can instantly reveal skin conditions such as rosacea, dermal and epidermal pigmentation, sunspots, acne and dehydration. Its advanced lightening modes helps to identify the root cause of specific skins concerns, which enables us to offer personalised advice on skincare products and treatments plan to address your concerns

# €50: 30min treatment (redeemable against products or treatments purchased/ booked on the day ) T&C's Apply

# **ENVIRON TREATMENT MENU**

## **ELECTRO-SONIC ESSENTIAL TREATMENTS**

Environs duel electro-sonic technology with low frequency sonophoresis, together with pulse iontophoresis in combination with environs skincare products, enhances the penetration of active ingredients into the deeper layers of the skin to rejuvenate and prevent aging of the skin.

## Facials are customised to suit individual needs.

75 Mins €90

90 Mins €110

#### **Essential Youth Reset**

For an overall anti-aging effect on the skin, helps soften the appearance of fine lines, wrinkles & sagging skin with our peptide & vitamin packed facial for a more youthful appearance.

#### **Essential Moisture Boost**

Suitable for dry, dehydrated lack lustre skin, helps to reduce the appearance of fine lines caused by dehydration & increases the plumpness of the deep layers of the skin. Hyaluronic acid is the hero ingredient promoting a moisturized glowing looking skin.

#### **Essential comfort calm**

Suitable for extremely sensitive & irritated skin, a powerful combination of ingredients including colostrum gel which gently soothes & calms the skin resulting in a reduction of redness & high colouring within the skin.

#### **Essential radiance reveal**

Suitable for sun damaged or pigmented skin, environs innovative mela-fade serum system contains a concentrated blend of vitamins & botanicals to assist in targeting & improving the appearance of pigmentation.

## **ENVIRON COOL PEEL TREATMENTS**

# 75 mins €90 Course of 6 €450

Environs unique cool peel technology is a non-invasive, intelligent skin peeling system to safely and effectively help refine, revive and brighten skin, it helps regenerate skin without compromising the skins natural functions. It maintains the skins integrity & helps to effectively improve the skins overall appearance, leaving it looking healthy.

# Cool peels are all customised to suit clients individual needs.

# **ENVIRON TCA COOL PEEL TREATMENTS**

#### 1 hour €95 Course of 6 €475

Environ's unique cool peel technology is a non-invasive safe, medical grade superior peel developed by Dr Des Fernandes to safely and effectively help refine, revive and brighten skin. Experience a real lasting difference to the skin!

It is a cosmetic chemical peel performed to treat a wide range of skin problems such as: • Photo damaged

- Acne
- Rosacea
- Scarring

A course of treatments recommended for optimal results!

#### Juliette Armand Everyday Facial

1hr €75

This tailored facial is customised to your specific skin concerns resulting in healthier skin.

#### Retinoid Therapy

#### 1hr €75

This Vitamin A facial targets ageing and sun damaged skin. It stimulates collagen, reduces uneven pigmentation, diminishes fine lines and wrinkles and improves texture and tone.

#### Deep Cleansing Facial

1hr €75

Suitable for congested skin, it includes exfoliation, steam, blackhead extractions, followed by Julliette armands targeted serums, masks and moisturiser.

#### **Brightening Therapy**

#### 1hr €75

This facial targets hyperpigmentation, blotches and melasma. Helps even skin tone resulting in a brighter and glowing skin.

# Apocalypsis Therapy (Acne Treatment & Oiliness Regulation) 1¼ hrs €80

Apocalypsis is a 100% natural facial treatment, which effectivelly reduces acne symptoms, balances ailiness, tightens dilated pores and improves acne marks. *(Course of treatments is recommended)* 

#### Thavma 'Miracle' Therapy

# 1hr €90 | Course of 6 €450

This facial treats expression lines, the cutting edge 'effectox' technology gives a short term 'botox' effect, leaving a smooth firmer skin.

# Chronos 'Time' Therapy

erapy 1hr €90 | Course of 6 €450 nps the skin while stimulating type III collagen. The four dimension

This facial firms and plumps the skin while stimulating type III collagen. The four dimension involves peptides for reducing size, volume, density and depth.

#### Proteinous Tightening Therapy

90 mins €99

Anti-aging treatment for instant 'tightening' effects with a protein cocktail for skin concerns such as lack of elasticity, fine lines and wrinkles. This exclusive professional treatment delivers instant firming and gives and intense boost of tightness and an instant 'lifting' sensation.

#### **JAN MARINI**

Jan Marini Skin Research offers a complete range of result-driven professional treatments with varying levels of intensity ranging from facials to progressive glycolic peels. The complete range of treatment allows us to address all major skin concerns including aging, acne, sun damage, skin discolouration, rosacea and unwanted redness and develop customised skincare treatment plans and home care that fits all clients' individual skin concerns.

Facials are customized to suit individual needs.

#### **Marini Enzyme Facials**

1hr €90

1hr €90

The Marinin Enzyme is an effective yet gentle method of exfoliation, utilising proteolytic enzymes to digest unproductive dead skin without harming healthy tissue, plus, hydrating and calming ingredients soothe even the more sensitive skin.

# Marini C-ESTA Facial

is an antioxidant cocktail of lipid soluble Vitamin C and DMAE to help fight free radicals and enhance the appearance of facial tone, providing exceptional anti-ageing and skin rejuvenation benefits. Skin will appear lifted and firmer with more defined looking facial contours.

# Marini Luminale Facial

1hr €90

is an accelerated protocol to visibly improve the appearance of discoloration and texture, featuring a unique combination of lactic and mandelic acids with antioxidants and brightening technologies to uncover a vibrant youthful appearance by revealing a brighter more even skin tone.

# **Marini Retinol Plus Facial**

# 1hr €90

is an accelerated protocol for powerful anti-ageing benefits, featuring the highest concentration of retinol advanced skin rejuvenation technologies to visibly improve the appearance of fine lines, wrinkles and acne. Skin will appear visibly smoother, flawless, clear and radiant.

# Marini Glycolic Resurfacing Peels

## 1 hour €95

CHEMICAL PEELS provide a simple, affordable yet effective method of attaining results and address multiple skin concerns such as sun damage, acne, acne scars, fine lines and wrinkles, with no downtime or impact on daily activities.

GLYCOLIC PEELS resurfaces and clarifies skin texture, minimizes the appearance of fine lines and wrinkles, assists in resolving acne and fades the appearance of discolouration to even skin tone.

For more advanced results and targeted outcome a course of 6 peels is advised every 7-10 days.

Course of 6 peels €475

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# MICRONEEDLING CLINICARE

A treatment for fine lines and wrinkles, acne, scars, pigmentation, stretch marks and scar issue)

LLER	
e	€110
urse of 5	€440
e & Neck	€144.50
urse of 5	€580

PENFace€11Course of 5€44

# **Dual Injector Pro+**

Dual Injector Pro+ combines the lastest Radio Frequency skin lifting/tightening (Red Light) with the transdermal delivery of active substances needle free mesotherapy (Blue Light).

A Minimum of 4-6 Treatments

A monthly top up is recommended to maintain resultsFace & Neck€85.00Course of 4€300.00

# Micro needling Infusion Pro

# 90 mins €150 Course of 6 €750

A transformative facial designed to promote collagen and elastin production, effectively minimising the appearance of fine lines, wrinkles and scars. The treatment is enhanced with radio frequency which targets skin laxity to boost elasticity and tighten the skin. The result is a more smoother, firmer and more rejuvenated complexion that radiates youthfulness.

# Max peel facial

1¼ hrs €75

1hr

1 & ¼ hours of sheer relaxation, suitable for all ages and skin types. A max peel deep cleanses, rehydrates & regenerates the complexion.

BODY TREATMENTS	(11()
Aromatherapy full body massage	(1½ hour) €80.00
Aromatherapy back massage	€50.00
including pressure point facial massage (¾ hour)	C70 00
Swedish full body massage (1hr)	€70.00 €50.00
Swedish back massage	
Reflexology	€55.00
Indian Head Massage	€55.00
WAXING	
Full leg wax including bikini line	€40.00
Full leg wax including Californian	€45.00
Top half leg wax including bikini line	€30.00
Top half leg wax including Californian	€35.00
3/4 leg wax	€30.00-€35.00
1/2 leg wax	€23.00
Underarm wax	€12.00
Bikini line wax	€20.00
1/2 leg & bikini line wax	€35.00
Lip Wax	€6.00
Chin Wax	€8.00
Lip and chin wax	€12.00
Sides of face wax	€10.00-€12.00
Full Face	€22.00
Arm wax	€25.00
Back wax	€30.00
PERRON RIGOT HOT WAX	
Bikini line	€25.00
Californian	€30.00
Brazilian	€40.00
Hollywood	€45.00
Full leg wax including Hollywood	€70.00
Full leg wax including Brazilian	€65.00
Underarm wax	€15.00
Lip wax	€8.00
Lip & Chin	€15.00
Sides of Face	€12.00 - €15.00
Full Face	
	€25.00
MALE GROOMING WAXING	
Back	€35.00
Back & Shoulders	€40.00
Chest	€35.00
Chest & Shoulders	€40.00
Chest, Back & Shoulders	€65.00
All other treatments are also available for men, please ask in salon.	

# **EYE TREATMENTS**

Eyebrow Trim and Shape	€12.00
Eyelash Tint	€15.00
Eyebrow Tint	€8.00
Eye Trio - Eyebrow trim, tint & eyelash tint	€30.00
Yumi Lashes	€55.00
(8-12 weeks) Lifting, Curling and Tinting of Lashes - (Patch Test Required)	

# LASER LPL

Hair Removal	Long lasting, safe & clinically proven
Skin Rejuvenation	Treat rosacea, sun damage,
	age spots & mottled pigmentation
Acne Treatment	Slows down oil production
	Minimises pores, reduces spots
Thread Veins	No need for thread veins cover-up
	clinically tested - safe treatment
Leg Veins	By nd: Yag, clear leg veins and
	other difficult vascular lesions
Nail Fungus	Onychomycosis by nd: Yag, treat nail fungus
	rapidly, pain free and effectively and without the
	side effects of drugs

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# MEGAWHITE EXPRESS TEETH WHITENING

20 mins €80.00

afe and effective teeth whitening with no sensitivity)

# ELECTROLYSIS

Advanced electrolysis by Apilus (A comfortable more effective form of Electrolysis)

1/2 hour	€40.00
1/4 hour	€25.00
Course of 6 x ½ hour sessions	€200.00
Course of 6 x ¼ hour sessions	€125.00

# TANNING TREATMENTS

Full body	€30.00
Half body	€15.00